



CAPITAL GYMNASTICS Inc.

McNeil 219-9930

(McNeil Crossing at Parmer)
6001 West Parmer Lane #430
Austin, Texas 78727

**Summer
2010
Effective June 1**

**For participants who pay by the 1st of the month you will receive a \$10 DISCOUNT per student.
Schedule is subject to change throughout the session due to enrollment. Please check most current schedule.**

Choose AUTO PAY to guarantee your \$10.00 discount per student!

Class:	Days:	Time:	Tuition:
★ "CAPS" Mom's Day Out Coed, 3-5 yrs (potty trained)	Tues/Thurs	9:00-2:00 <i>(see our Summer Option flyer)</i>	2 days/wk.....\$175.00
★ Parent & Tot (45 min) 24 months-3 years	Mon Sat	6:30 9:15	45 minute class: per month 1 day/wk.....\$64.00 2 days/wk.....\$105.00 Trial class.....\$20.00
For the following classes, children must be potty trained and have the maturity to enter the gym unattended by an adult:			
★ Preschool (45 min) Children 3 - 4 yr	Mon Tues Wed Thurs Sat	4:30, 6:30 11:00 9:15, 10:00 10:00, 5:30, 6:30 9:15, 10:00	
★ Kinder Class (1 hr) Children 4 yrs (with experience) through Kindergarten	Mon Tues Wed Thurs Sat	4:30, 5:30, 6:30 10:00 10:00, 11:00 11:00, 5:30, 6:30 10:00, 11:00	
★ Advanced Kinder Class (1 hr) 4 yr-K <i>Must be able to Cartwheel</i>	Tues Thurs	5:30 6:30	One hour class: Per month 1 day/wk..... \$70.00 2 days/wk.....\$116.00 Trial class.....\$20.00
★ School Age Girls I (1 hr) 1st grade & up	Mon Tues Wed Thurs Sat	5:30 4:30, 5:30, 6:30 11:00, 4:30 4:30, 5:30, 6:30 11:00	
★ School Age Girls II (1 hr) <i>With EXPERIENCE— MUST be able to Hurdle Round off and Bridge</i> 1st grade & up	Mon Tues Thurs Sat	4:30, 5:30 6:30 4:30 11:00	
★ BOYS (1 hr) (Ages 5-7) School Age (Ages 6+)	Tue Tue	4:30 5:30, 6:30	
The following classes are for gymnasts invited by the director, and are based on the gymnast's strength, skill level, flexibility, and attitude:			One hour class: 1 day/wk.....\$70.00 One & ½ hour class: 1 day/wk..... \$105.00 2 days/wk.....\$158.00
GIRLS' INVITATIONAL CLASSES:			
★ • Dynamites (1 hr)	Tue	4:30-5:30	
• Hot Shots (1½ hr)	Thurs	5:00-6:30	

...continued other side →

Class:	Days:	Time:	Tuition:
GIRLS' INVITATIONAL CLASSES (continued...)			
• Progressive (1½ hr)	Tue	6:00-7:30	One & ½ hour class: 1 day/wk.....\$105.00 2 days/wk.....\$158.00
	Wed	4:00-5:30	
	Thurs	4:00-5:30	
• C.A.T. 1 (1½ hr)	Wed	5:30-7:00	Two hour class: 1 day/wk.....\$116.00 2 days/wk.....\$186.00
	Wed	5:30-7:30	
• C.A.T. (2 hr)	Wed	5:30-7:30	

Rules & Policies...

▶ Enrollment fee

- All students must pay an annual (good for 1 year) \$35.00 (\$55 max for family) registration fee. Registration fee is non-refundable.
- FIRST AND LAST MONTH'S TUITION must be paid at time of registration. Upon written notice, the last month's tuition will be applied to the ending month. Although the first and last month's tuition is non-refundable, it can be used towards the purchase of any other services of Capital Gymnastics, Inc.
- TRIAL CLASSES are available during classes which are not full for those who are unsure of their interest.
- TUITION IS BASED ON 12 EQUAL PAYMENTS REGARDLESS OF ATTENDANCE, DAYS, OR WEEKS PER MONTH.
Our budget is determined over a period of 1 year. Some months are longer than others. For the exception of the first month and the day on which you enroll, your tuition is divided evenly over 12 months.
- When dropping, written notice of your last month is required before the 1st day of your last month begins.

▶ Payment policies

- PREFERRED METHOD OF PAYMENT IS AUTO PAY TO GUARANTEE LOWEST PRICE.
- If opting out of auto pay, tuition is due ON or BEFORE the first of the month. Clients are rewarded with a \$10.00 discount for paying on or before the 1st. Discounts vary for Teams and After School. Please visit office for details.
- Full tuition payments are due when paid on the 2nd-7th day of each month. Back-dated checks delivered by mail or in person to the office will not receive discount.
- A \$15.00 LATE FEE will be charged for tuition received after the 7th DAY OF THE MONTH (late fees vary for After School and Teams).
- IF TUITION, PLUS LATE FEE, IS NOT PAID IN FULL BY THE 15TH OF THE MONTH, THE STUDENT WILL BE RESTRICTED FROM PARTICIPATING IN PROGRAM(S) AND OR DROPPED FROM CLASS.
- RETURNED CHECKS...a fee of \$25.00 is charged for all returned checks. After notification, if there is further disregard of payment, Capital will file with the Attorney General's Office.

▶ Make up policy

- Because of our strict student-teacher ratio and most classes being full, missed classes will not result in make up classes, prorated tuition or refunds. No refunds for classes missed, including scheduled holidays.

▶ Drop procedure

- BEFORE YOUR LAST MONTH BEGINS, THE OFFICE MUST BE NOTIFIED IN WRITTEN FORM THAT THE STUDENT(S)/CHILD/CHILDREN WILL DISCONTINUE.
- Please note: You are responsible for payments for classes whether or not you or your child/children attend class. Please do not rely on verbally notifying us that you or he/she will no longer be attending class. Charges will continue until a written notification is received.

▶ Other policies

- VIEWING AND PICTURE TAKING...to limit distractions, only student(s) (except Parent & Child) are allowed in the gym area during classes. PICTURE TAKING...Please! No flash photography without permission given by staff. Inquire about our "Picture Week".
- WHAT TO WEAR...**BOYS** must wear elastic shorts (tight fitting) and a T-shirt that can be tucked in securely at waist. **GIRLS** in gymnastics class must wear a leotard and, if you are over 8, trunks (special gym underwear). Girls in cheer class may wear elastic shorts (tight fitting), a sports bra, and a T-shirt that can be tucked in securely at waist. Visit with cheer staff for additional suggestions. Some shorts or tops can be too short or too revealing. Please dress modestly. No gum or dangling jewelry. Secure hair away from face so the it stays up for the entire workout. Wear activity-appropriate footwear during class. Personal items can be left in cubby area (Capital is not responsible for theft). **DO NOT WEAR JEWELRY IN CLASS; PLEASE LEAVE JEWELRY AT HOME.** Capital will not be responsible for lost or stolen items. Your personal items should be marked with your name.
- ARRIVAL & PICKUP...Student(s) are to arrive 5 minutes before (no earlier, please) his/her scheduled class time. Please pick up your student(s) on time. If you know you will be late picking up, please call. Instruct your student(s) to wait inside the building and, if possible, escort them from the building to your automobile. During peak times the parking lot is crowded. Please drive slowly and carefully.